

GRANDE SPIRIT FOUNDATION

The Newsletter for the Family & Friends of the GSF



A WARM GREETING TO OUR GSF COMMUNITY, FRIENDS, AND FAMILIES

The festive spirit of December is here, and we are ready to embrace the final, month of the year!

Before we dive into the holiday cheer, we want to recognize the tremendous momentum built last month. Across our various programs and lodges, November was a time of deep dedication, focused work, and successful community engagement. We saw wonderful outcomes from our focused efforts in each of our unique areas, setting us up for a strong finish to the year.

We wish you a season filled with warmth and celebration, and we look forward to sharing these exciting updates with you!



GRANDE PRAIRIE RESIDENTS

BUS TRIP

Cheers to Great Company and Good Food!

The lunch trip to Wendel Clark's on October 29th was a resounding success, proving once again that a change of scenery and a delicious meal shared with friends is a wonderful way to spend an afternoon. These outings are essential for staying connected and keeping our spirits high. We are already looking forward to planning our next great adventure together!



PIONEER LODGE ACTIVITIES



PAPER MAKING FLOWER

Our residents thoroughly enjoyed creating beautiful paper flowers to decorate the lodge. It was a wonderful opportunity for everyone to get creative, share stories, and brighten up the space together. These gorgeous, large-scale paper flowers (poinsettias!) bring a brilliant splash of festive red and yellow, making the Lodge feel even cozier this season!

REMEMBRANCE

DAY AT PIONEER LODGE



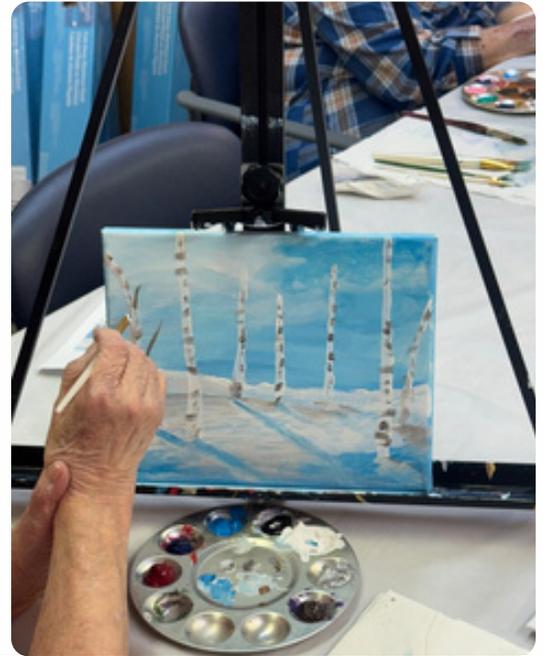
Lest We Forget

Pioneer Lodge held a deeply moving Remembrance Day observance on November 11th. Residents and staff gathered to pay solemn tribute, with the Canadian flag and poppy wreath on display. In special commemoration of the day, our tables were arranged in honour of all who bravely served and sacrificed for us.



Painting with Jennifer

Learning to paint with acrylics has been a little challenging, but it has also opened the door to wonderful moments of creativity, art therapy, and shared laughter. Each session brings new confidence and colourful expressions.



FESTIVAL OF TREES



Residents thoroughly enjoyed themselves at the Festival of Trees. From the moment we arrived, the atmosphere was filled with holiday cheer. The décor throughout the event was truly top-notch—beautifully crafted trees, festive displays, and thoughtful details that made the experience feel magical. It was a memorable outing that left everyone smiling and ready for the holiday season.

Retirement Send Off

Grande Spirit Foundation proudly celebrated the retirement of Judy D., who devoted 15 years to our organization. We wish her all the best in her next chapter and were delighted to honor her journey with us.



HERITAGE LODGE

November Activities



PREPPING CANDIES AND CRAFTS FOR HALOWEEN

Prepping for the Party! Our residents were busy bees getting ready for Halloween. They teamed up to bag mountains of treats for the trick-or-treaters and focused on painting gorgeous autumn-themed crafts like pumpkins and leaves. Their teamwork and creativity ensured the Lodge was perfectly decorated and fully stocked for the spooky celebrations!



HAPPY 103RD BIRTHDAY FLORENCE



Please join us in wishing Florence a happy 103rd birthday on Saturday, November 22



Fun facts about Florence
Florence was born in Manitoba in 1922.
Moved to a farm in Tangent, AB.
Florence married and raised three adoptive kids.
Florence lived in her own home until she moved here last October. We are glad she joined us!
We wish Florence the happiest birthday ever!

Happy 103rd Birthday!

We celebrated an incredible milestone on Saturday, November 22nd, marking Florence's 103rd Birthday! Florence, who was born in 1922 and moved to our community last October, has an inspiring history that includes raising three adoptive children in Tangent, AB. We wish Florence continued happiness and good health!





HERITAGE LODGE HALLOWEEN PARTY



Heritage Lodge hosted a spectacular Halloween bash, filled with creativity, costumes, and plenty of laughs! Residents and staff embraced the fun, dressing up in amazing outfits, including a brave Lion, a friendly witch with purple hair, and the iconic duo, Peanut Butter and Jelly. Our day was packed with activities: residents enjoyed painting fall décor pieces, we had lively games like Pumpkin Bowling on the shuffleboard table, and the best part—welcoming local children for a delightful round of trick-or-treating. It was a truly memorable day of spooky fun and community connection!



WILROSE MANOR & VILLA



Poppy Cookie Decorating

In preparation for Remembrance Day, residents at Wild Rose Manor & Villa gathered for a meaningful and creative session to decorate Poppy Cookies. Using bright red icing, everyone carefully crafted beautiful tributes to the poppy, reminding us of the courage and sacrifice of our veterans. It was a wonderful way to reflect and share stories while preparing a sweet treat for the day of observance.



A Beautiful Performance by Holy Cross Catholic School Band

We were delighted to host the talented students of the Holy Cross Catholic School Band! The residents enjoyed a fantastic musical performance that filled the common area with beautiful sounds, including the xylophones (or glockenspiels) they played. These inter-generational visits are always a highlight, bringing energy, joy, and wonderful music into our community. Thank you to the students and staff for sharing their gifts with us!



CREATING WINTER BIRDHOUSE CRAFTS

Getting an early start on the holiday season, residents gathered for a delightful Birdhouse Crafting session! Using paint, glitter, ribbon, and miniature decorations, residents transformed wooden birdhouse shapes into beautiful, personalized winter ornaments. These crafts are now proudly displayed, bringing a beautiful, festive sparkle to the Manor and Villa.



WILD ROSE HOSTS INTER-LODGE VISIT!



Wild Rose Manor and Villa proudly hosted a wonderful inter-lodge trip, welcoming residents from Lakeview, James, Dieppe Manor, Pioneer, and Heritage for a day of fun and connection!

The day was filled with lively conversation, laughter, and great company. Residents enjoyed sitting down together for a relaxing visit over tea and hot chocolate, catching up with old friends and making new ones. We also had engaging games, including a fun target toss, to keep the energy high. It was a beautiful opportunity to strengthen the bonds between our GSF communities!





HALLOWEEN CELEBRATION

Lakeview Lodge community hosted a hilarious and energetic Halloween bash featuring brilliant costumes, including Superman, a purple-haired witch, and a friendly Lion! Residents hit the dance floor and got creative with a no-bake craft session, making delicious take-home treats like Puppy Chow and Reese's Peanut Butter Bats. It was a memorable day of spooky fun, dancing, and great food!



HALLOWEEN NO BAKE CRAFT

Residents enjoyed a fun and messy no-bake craft session, happily mixing up delicious Halloween treats like Puppy Chow and Reese's Peanut Butter Bats to take home!



Get Comfortable for "Couch Talk"!

at Lakeview Lodge continues to grow in popularity, featuring monthly interviews where residents and staff share their unique stories and perspectives with the community!



ANNUAL CRAFT SALE AND SOCIAL



What a truly talented group of people we have! Residents had a wonderful opportunity to showcase and sell the lovely things they create, from beautiful quilts and detailed diamond paintings to handmade knitted items. This special market day also brought together residents from other GSF lodges who joined us to sell their crafts and enjoy a relaxing visit over tea and coffee. It was a fantastic afternoon celebrating creativity and connecting our vibrant communities!

CLAY PROJECTS

We finally painted out clay projects

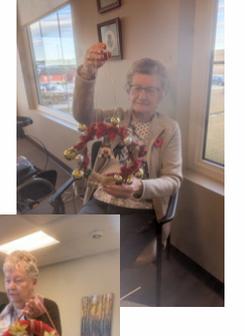


CHRISTMAS CARD CRAFTING

Getting a head start on the season of giving, our residents enjoyed a festive session making beautiful Christmas Cards! They focused on assembling intricate designs, proving that a heartfelt, handmade card is the perfect way to share holiday joy with friends and family this December.



MINI CHRISTMAS WREATH CRAFT



The halls are about to look much more festive thanks to the creative hands of our residents! They recently gathered for a delightful session to create their own personalized Mini Christmas Wreaths. Using tinsel, ribbon, small ornaments, and bows, they crafted unique, sparkling decorations that are now ready to bring holiday cheer to their doors and windows



LAKEVIEW LODGE VALENTINES EVENTS

Residents and staff embraced Wear Pink or Red Day, filling the lodge with warmth and color. The event brought everyone together in a spirit of love and unity, with vibrant outfits sparking smiles and conversation. It was a simple yet meaningful way to celebrate and brighten the day for all!

RED AND PINK DAY!

