

GRANDE SPIRIT FOUNDATION

The Newsletter for the Family & Friends of the GSF



WELCOME TO FEBRUARY!

Welcome to February! While the winter frost may still be lingering outside, the atmosphere within our Grande Spirit Foundation lodges is nothing short of warm. This month, we shift our focus from the "new beginnings" of January to the heart of our community. February is often associated with love and affection, but for the GSF family, it is a time to celebrate the deeper connections we share as neighbors and friends. It is the perfect season to find joy in the small things: a hot cup of tea with a friend, a lively game in the common room, or the shared laughter that echoes through our halls. In this issue, we reflect on the wonderful start we had in January and look forward to a month dedicated to kindness, appreciation, and the vibrant spirit that makes GSF a true home. Let's keep the fire of friendship burning bright!



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EVENTS & HIGHLIGHTS

FROM:

- PIONEER LODGE
- HERITAGE LODGE
- LAKEVIEW LODGE
- WILDROSE MANOR
- PLEASANT VIEW LODGE

EVENTS AND HIGHLIGHTS

DECEMBER PARTY AND WELCOME 2026



Our recent resident birthday party was a wonderful success—and the perfect way to bridge the seasons. It is always a special time when we can celebrate one another while officially welcoming the New Year together.

Between the birthday cheers and the excitement for 2026, the room was filled with the laughter and connection that define the Grande Spirit Foundation. Thank you to everyone who joined us to make our December babies feel special and to toast to the bright journey ahead!



Holiday Warmth & Friendship

There is nothing quite like a beautiful picture of friends to capture the true spirit of the season. We are so grateful for these moments spent appreciating the holidays and the love we share. It is these times—filled with warmth, laughter, and togetherness—that make our community a family.

The Mischief Maker Returns North

Our mischievous Christmas Elf certainly kept us on our toes this season! After causing plenty of holiday trouble around the lodge, he has officially been sent back to the North Pole to work on his behavior. While we will miss his daily antics, we are happy to return to a little peace and quiet as we head into 2026!



Festive Tables & Bright Spirits

Our festive tables were truly a sight to behold—filled with color, charm, and a vibrant spirit of celebration. Every carefully chosen detail and decoration helped set a joyful tone, creating a welcoming space that encouraged connection, conversation, and a wonderful sense of renewal for all our guests.

A Heartfelt Thank You to the Knit & Stitch Club



The residents of Pioneer Lodge would like to extend a sincere thank you to the Knit & Stitch Club of Grande Prairie for their incredible generosity. We are deeply grateful for the many hours of dedication put into creating the beautiful knitted pieces donated to us this Christmas. Your handcrafted shawls and blankets have brought immense warmth, comfort, and many smiles to our community.

HERITAGE LODGE EVENTS AND HIGHLIGHTS

Holiday Magic at Heritage Lodge

Heritage Lodge residents had an absolute blast celebrating the season! The lodge was alive with music as everyone gathered around the piano for high-energy karaoke and dancing to classic Christmas carols.

The festivities reached a peak when Mr. and Mrs. Claus, accompanied by a playful elf, arrived to deliver gifts to every resident, generously sponsored by the London Drugs Stocking Stuffers for Seniors program. Even a surprise appearance by the Grinch couldn't dampen the mood—his attempts to steal the presents were completely unsuccessful!

The spirit of the season was also felt through our residents' own kindness: one neighbor organized a special game to spread the joy of giving, while another shared the beautiful, handcrafted Christmas presents she prepared for her grandchildren. With a final visit from Mr. and Mrs. Gingerbread, it was truly a holiday to remember.



A Special Surprise from Animal First Clinic

Residents at Heritage Lodge were treated to a wonderful surprise when the team from Animal First Clinic stopped by to spread some holiday cheer. The staff visited with several residents and arrived bearing thoughtful gifts, making for a truly heartwarming afternoon.

A huge thank you to Animal First Clinic for your kindness and for thinking of our GSF family!



LAKEVIEW LODGE

Events and Highlights



The 90+ Club: A Milestone Celebration

The Lakeview Resident Council recently hosted a very special birthday party to honor our incredible residents who have reached the 90-year milestone! It was a wonderful afternoon dedicated to celebrating the wisdom, stories, and vibrant lives of those who have seen nearly a century of history.

Cheers to our honored guests—you are the heart and soul of Lakeview!



The Sounds of Lakeview Country

There's nothing quite like the sound of live acoustic guitar and classic country tunes to bring our community together. A massive thank you to Lakeview Country for sharing their gift with us. Your music is a highlight for all of us, and we are so appreciative of the time and heart you put into your performances!



A Warm Welcome to Our New Priest



We are truly grateful to introduce our new priest. His presence has already brought a sense of peace and joy to our services. We are excited for the journey ahead and the many meaningful moments we will share together in faith.



EVENTS AND HIGHLIGHTS

DATE: 01
FEB 2026

NORTHERN LIGHTS MENNONITE SCHOOL PERFORMANCE



The Northern Lights Mennonite School brought a lively performance to the residents of Pleasant View Lodge. These students are eager to showcase their musical talents to the PVL community.



Manicures

Today, the ladies at PVL are enjoying another pampering day, thanks to Natilalie. Her efforts to make these relaxing experiences happen are truly appreciated. Here's to more pampering days in the future!



EVENTS AND HIGHLIGHTS



POOL TOURNAMENT

Another pool tournament was underway at PVL. The "pool sharks" battle away to see who will become the king of the pool table.



FRIDAY MUSIC WITH JOYCE AND BRIAN

Kick off the weekend with a burst of energy and excitement as Joyce and Brian light up the stage every Friday with their fantastic performance for residents and guests



WILD ROSE MANOR

EVENTS & HIGHLIGHTS

JANUARY WORK ANNIVERSARIES



In this January, we were pleased to recognize two staff members celebrating five years of service at Wild Rose Manor.

Pictured above is Ashlynn Lappenbush, who recently marked her five-year work anniversary, joined by Steve Maddon and Kellie May, Site Assistant Manager. We sincerely thank Ashlynn for her dedication, hard work, and ongoing contributions to our team.

We also extend our congratulations to Teresa Rinke on reaching her five-year milestone. Although she was unable to attend the celebration, her commitment and service are greatly appreciated.

ENJOYING TIME TOGETHER AT WILDROSE MANOR



Residents at Wild Rose Manor enjoyed a variety of engaging activities this month that brought everyone together for connection, laughter, and friendly competition.

From creative table activities to interactive games such as balloon challenges and a lively game of Connect Four, residents had the opportunity to stay active, socialize, and enjoy some light-hearted fun. These activities encouraged hand-eye coordination, teamwork, and plenty of smiles throughout the room.

Moments like these help foster a warm sense of community and provide meaningful opportunities for residents to connect with one another in a relaxed and enjoyable environment. We appreciate everyone who participated and helped make these activities such a success.

