

**APRIL 01, 2026**



# GRANDE SPIRIT FOUNDATION

**THE NEWSLETTER FOR THE FAMILY & FRIENDS OF THE GSF**



## WELCOMING A BRIGHTER APRIL

April is here, bringing a welcome change of pace as we step fully into spring. With longer days and brighter skies, it's a perfect time to refresh, reconnect, and enjoy the little moments that make each day meaningful.

Across our Grande Spirit Foundation lodges, this month is all about staying active, trying new activities, and spending time together.

Whether it's enjoying the sunshine, joining in on events, or simply sharing a smile with a neighbour, April offers plenty of reasons to feel energized and inspired.

We're excited for what this month will bring and look forward to sharing it with all of you. Here's to a vibrant and uplifting April

## EVENTS AND HIGHLIGHTS

**FROM:**

- HERITAGE LODGE
- LAKEVIEW LODGE
- PIONEER LODGE
- PLEASANT VIEW LODGE
- WILDROSE MANOR

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# RECOGNITION OF SERVICE

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**Congratulations to Courtney on celebrating 20 years with Grande Spirit Foundation!**

As a valued member of our Family Housing Department, Courtney has made a lasting impact through her dedication and commitment. She is truly a gem to our team.

Thank you, Courtney, for your years of service!

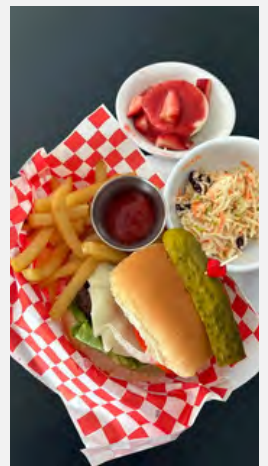


# HERITAGE LODGE EVENTS

## RESIDENT APPRECIATION DAY

On Friday, March 20, we celebrated Resident Appreciation Day with a beautiful banner and notebooks for all residents. A fun 50s-style meal of hamburgers, fries, and ice cream floats was enjoyed by everyone.

Tom Burton and other GSF board members joined for lunch and shared a few kind words to show appreciation for our seniors. Residents also took part in exercises, floor curling, free bingo, and made homemade Easter cards to share with family and friends. It was a wonderful day filled with appreciation and community spirit.



Prizes were given during our Resident Appreciation luncheon.





# HERITAGE LODGE

## EVENTS AND HIGHLIGHTS

### ARMCHAIR TRAVEL: A TRIP TO NEW YORK



Residents at Heritage Lodge set off on a fun and engaging armchair travel experience as they “visited” New York City. The session was filled with interesting facts and stories about the city, sparking curiosity and conversation among everyone.

To make the experience even more enjoyable, residents were treated to a delicious root beer float and a bagel while “on board,” adding a delightful and immersive touch to the journey.

With great company, learning, and a few sweet treats along the way, it was a memorable trip enjoyed by all—no passport required!



### EASTER CREATIVITY & COFFEE

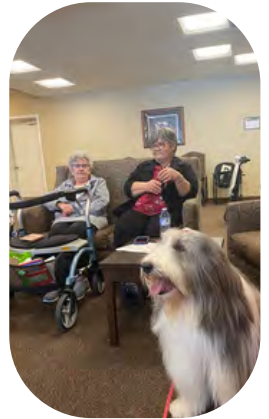
Residents at Heritage Lodge spent a cheerful morning getting creative with Easter-themed crafts, painting colorful decorations while enjoying coffee and great company. Laughter filled the room as everyone added their own personal touch to each piece, making the activity both fun and meaningful.



# Events & Highlights

## Fun & Connection at the Lodge

Residents enjoyed a variety of fun and engaging moments at the lodge, from relaxing Friday evenings during our monthly Happy Hour with drinks and snacks, to special visits from therapy dogs and students from Clairmont School, where laughter and connection filled the room. A new multitasking activity was also introduced, challenging residents to move objects between boxes while keeping a balloon in the air—bringing energy, smiles, and plenty of fun to the group.



## St. Patrick's Day

Residents embraced the St. Patrick's Day spirit by decorating their walkers and taking part in fun activities, including exercise group, enjoying Green Bear and Shamrock Shakes, and playing the Gold Pot Game.



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# LAKEVIEW LODGE EVENTS & HIGHLIGHTS



## Resident Appreciation Day

Here are some highlights from Resident Appreciation Day at Lakeview Lodge. Residents enjoyed a fun photo booth by Amazing Bliss, a special visit from Kurt Balderston from the County of GP, and a lively Chicken Dance led by staff. The celebration also featured chocolate fondues and great live music from Top of the Hill Band, creating a fun and memorable day for everyone.



# EVENTS & ACTIVITIES

## Highlights

### 50S-THEMED LUNCH A BIG HIT

The residents thoroughly enjoyed the 1950s-style lunch, complete with classic burgers, crispy potato wedges, and refreshing orange floats for dessert. The nostalgic menu brought a fun and lively atmosphere to the day, and judging by their smiles, it was a hit with everyone.



### Fresh Flowers & Thoughtful Touches



Our staff took great care in creating a day that truly reflected how much our residents are appreciated. From the fresh flowers brightening each table to the personalized appreciation jars thoughtfully prepared for every individual, every detail was chosen with gratitude and respect in mind. It was a heartfelt celebration, and we hope each resident felt just how valued and cherished they are by our entire team.

### BINGO FUN WITH BIG PRIZES



Residents enjoyed a wonderful free game of BINGO—always a resident favorite—with an extra-large prize pot that made the day’s festivities even more exciting and fun for everyone involved.

# PIONEER LODGE

## EVENT HIGHLIGHTS



### ST. PATRICK'S DAY CELEBRATION!



Residents thoroughly enjoyed the St. Patrick's Day festivities, highlighted by the presence of a four-leaf clover bringing extra charm and cheer to the celebration. The day was filled with an engaging trivia session that got everyone thinking and laughing together. Guests also delighted in sipping on festive "leprechaun punch," which added a fun and flavorful touch to the occasion. With plenty of smiles, shared stories, and lighthearted moments, the room was full of laughter and great company, making it a truly memorable celebration for everyone involved.



### A Sweet Surprise at the Door

All of our residents were pleasantly surprised to discover chocolates hanging on their doors, a thoughtful and sweet gesture that added an extra touch of love and appreciation to Resident Appreciation Day.

### Resident Appreciation Winner



The winner of our Resident Appreciation draw for fresh flowers was absolutely delighted with her prize, and her joy brought an extra touch of happiness to the celebration.





# PLEASANT VIEW LODGE

## Events and Highlights



## ICE CREAM FLOAT BAR



To start to make it feel like summer again, thought we would implement and ice cream float bar here at PVL. Not only is it a nice treat it also allows resident to mingle amongst each other!



## STE MARIE VISIT 3 AND 4 CLASS



The St. Marie 3/4 class visited Pleasant Valley Lodge, where residents greeted them warmly. The atmosphere buzzed with joy as students and residents strive to win and yell BINGO! Many laughs were shared and each and every visit is a delight!



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# Pleasant VIEW LODGE

## EVENTS AND HIGHLIGHTS



### What We Learned

At PVL, we had a wonderful time celebrating Resident Appreciation Day. Residents enjoyed delicious soft serve ice cream and took part in a fun and engaging game of floor curling. It was a great opportunity to spend time together, share some laughs, and create enjoyable moments for everyone.



# WILDROSE MANOR EVENTS & HIGHLIGHTS

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## Card Crafting & Floor Games



Residents enjoyed creative card crafting and fun floor games together.

## Leather Craft Workshop



Saddle Hills Leather hosted the workshop and has visited the lodges several times, consistently bringing an experience that residents look forward to.

Residents enjoyed a hands-on leather crafting activity, creating unique pieces while exploring their creativity. The session was both fun and engaging, offering a meaningful opportunity for residents to learn a new skill and express themselves.

## Lunch Out at Ricky's



Residents from multiple lodges enjoyed a wonderful outing at Ricky's, sharing a meal and great company together. It was a fun and social experience filled with conversation, laughter, and connection.

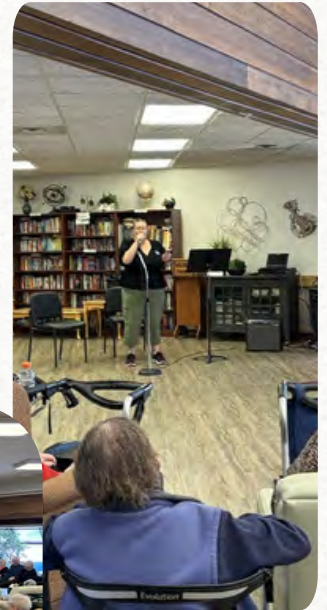




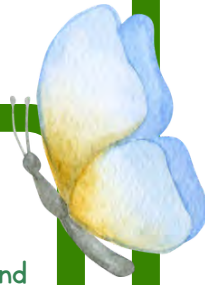
# STAFF TALENT SHOWCASE HIGHLIGHTS:



We held a lively and entertaining staff talent showcase that everyone enjoyed. The Homecare team started with a fun dance, followed by Kelly and Hilary performing with spoons, and Nadeene singing La Bamba. The Village People made a surprise appearance with “YMCA,” even getting some residents up and dancing along. The showcase ended on a beautiful note with Tattiana performing on the violin, bringing the event to a wonderful close.



# Wild Rose Manor EVENTS & HIGHLIGHTS



## RESIDENT APPRECIATION DAY 50S-THEMED LUNCH CELEBRATION

We were pleased to welcome the Deputy Mayor and several board members for lunch during Resident Appreciation Day. Everyone enjoyed a fun 50s-themed meal featuring burgers, fries, and onion rings. It truly felt like stepping back in time—all we were missing were the girls on roller skates!

