

MONTHLY DIGEST

Grande Spirit Foundation

CELEBRATING THE PEOPLE AND
MOMENTS THAT MAKE GSF HOME

SEPTEMBER
2026



Welcome

TO YOUR
SEPTEMBER
NEWSLETTER!

August brought plenty of fun activities, special gatherings and wonderful moments across our Grande Spirit Foundation communities. We hope you enjoy looking back at the memories we shared as we welcome a new month and the beginning of fall.



Spilled Tea!

- ♥ Pioneer Lodge
- ♥ Heritage Lodge
- ♥ Lakeview Lodge
- ♥ Wild Rose Manor & Villas
- ♥ Pleasant View Lodge
- ♥ Bus Trips

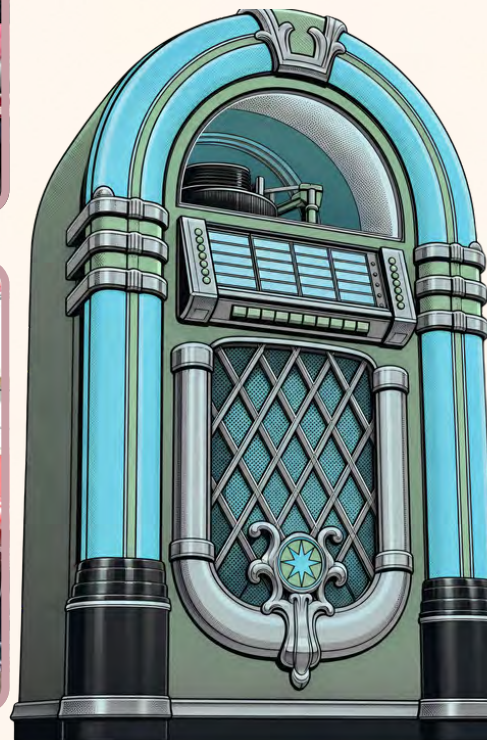


WWW.GRANDESPIRIT.ORG

Pioneer BBQ

Good Times
GREAT FOOD
Community Style!

PIONEER BBQ 2026



Resident Family BBQ-1950s Style!

Residents, families and staff had a wonderful time at our 1950s-themed Family BBQ! With fantastic music, plenty of smiles and great company, it was a truly memorable celebration. Thank you to everyone who joined us and helped make the day so special!



Pioneer BBQ

**NOTHING BUT
FUN & SMILES!**

Our Pioneer BBQ brought everyone together for a smokin' good time! Delicious grilled favourites, sweet treats, and plenty of laughs made it a day to remember!



Today's Special

- * **BURGERS & HOT DOGS**
- * **POTATO SALAD**
- * **BANANA SPLIT CAKE**
- * **COCO-COLA CUPCAKES**

*Served with a
Side of Smiles!*



Thanks
for making it
AWESOME!

Good Eats • Cool Treats • Great Company



Pioneer Lodge Heritage Lodge



WATERMELON CONTEST



OUTDOOR GAMES



ICE CREAM & COLD TREATS



NOTHING BUT FUN & SMILES



HERITAGE & PIONEER LODGE

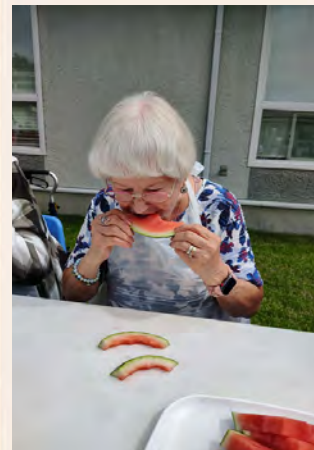
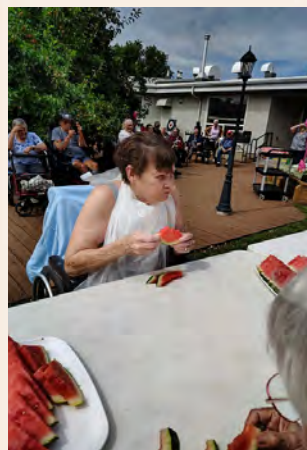
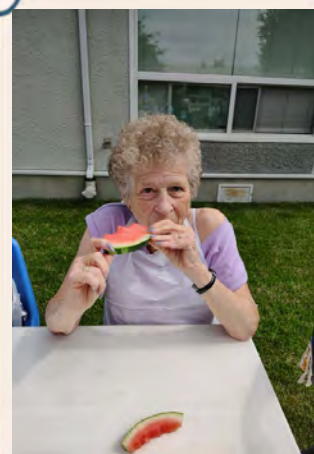
Residents from Heritage Lodge participated in the watermelon contest with residents from Pioneer Lodge. A great time was had by all!

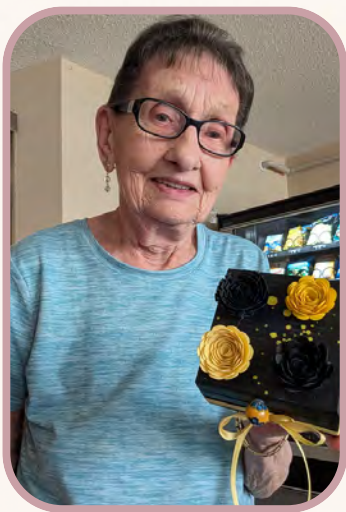


Residents also enjoyed shucking corn donated by Desert Hills Ranch.



DONATED BY DESERT HILLS RANCH





Getting crafty at *Heritage Lodge*

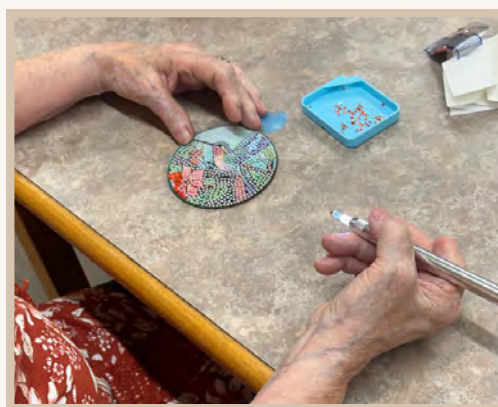


Residents enjoyed getting creative with a fun button-and-box craft. It was a wonderful opportunity to spend time together, try something new and create unique keepsakes.



Pioneer Lodge

Creative Crafting



OUR RESIDENTS REALLY ENJOYED TRYING DIAMOND ART! AT FIRST, THEY WERE A LITTLE APPREHENSIVE BECAUSE IT LOOKED QUITE DIFFICULT. HOWEVER, ONCE THEY GOT STARTED, THEY QUICKLY REALIZED HOW RELAXING AND ENJOYABLE IT WAS, AND MAY HAVE EVEN DISCOVERED A NEW HAPPY ADDICTION!

Creativity sparkles here!

Lakeview Lodge

August was full of fun with our monthly birthday celebration, a trip to Moonshine Lake and sunny afternoons enjoying outdoor lawn games!



Dance, Music & Memories!



Watermelon Contest & Dancing

Congratulations to Olga Snell,
our 2026 Watermelon Contest
winner! Residents also enjoyed
a lovely evening of dancing to
music by Joyce and Brian.



Lakeview Lodge



Tricycle Ride & Northwestern Polytechnic



Lakeview residents enjoyed tricycle rides and a Vital Clinic with Northwestern Polytechnic students, who helped residents check their vital signs.





WILD
ROSE
MANOR
&
VILLAS

Watermelon Contest

Sweet
Memories

WILD ROSE MANOR & VILLAS

WHAT A SLICE OF SUMMER FUN!

STAFF AGAINST STAFF AND
RESIDENTS AGAINST RESIDENTS

Good Times!



ONE IN A MELON!

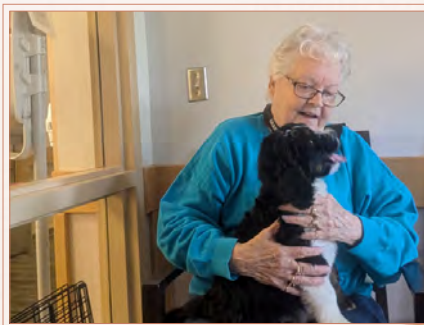
Wild Rose Manor



WE TRACED FLOWERS ONTO CANVAS AND THEN PAINTED THEM, TURNING A SIMPLE OUTLINE INTO A COLORFUL CREATIVE PROJECT FILLED WITH FUN, EXPRESSION, AND LOTS OF BEAUTIFUL DETAIL.



Not one but 10 puppies to cuddle!
Nothing but puppy love!



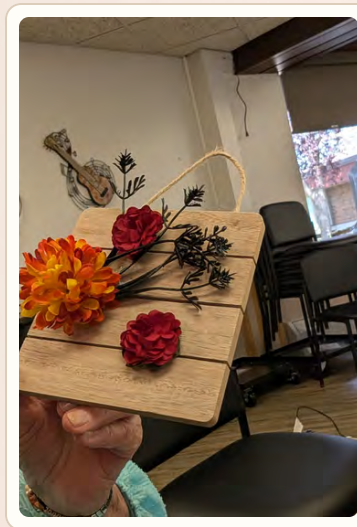
WILD ROSE MANOR

*What have we been up to,
you ask?
A little door sign craft fun!*



WILD ROSE MANOR

Crafting custom door signs that bring a personal touch to every room!





Armchair Travel to the Netherlands



Residents enjoyed delicious stropwafels and hot chocolate while taking an armchair journey through the beautiful sights and culture of the Netherlands.



WILD ROSE MANOR

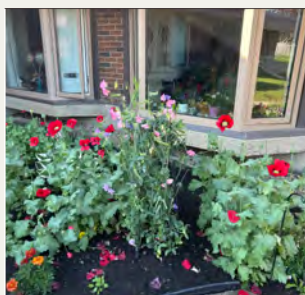
A Sweet Strawberry Surprise

WRM Wild Rose Manor residents enjoyed fresh strawberries generously donated and delivered by Country Roads RV U-Pick. Thank you for this delicious summertime treat!



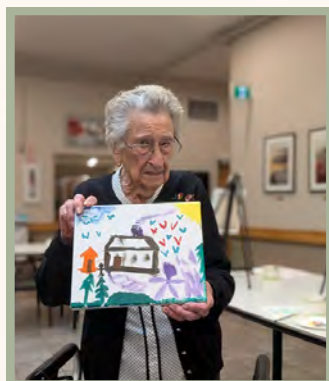
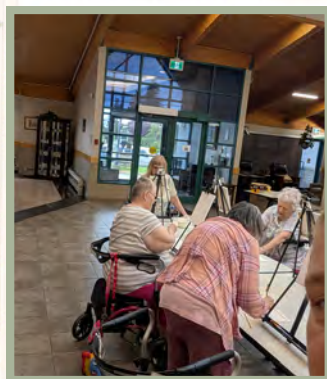
Wild Rose Manor's Beautiful Garden

The gardens at Wild Rose Manor are in full bloom! Residents have been enjoying the beautiful flowers, colourful surroundings and peaceful outdoor spaces throughout the summer.



A little sunshine, colour
and time outdoors make every day brighter.

Heritage Lodge Musical Painting!



Residents put a creative spin on musical chairs with a fun game of musical painting! They moved from station to station when the music played, adding their own artistic touch to each creation. *Well done, everyone!*



Wild Rose Manor

A COMMUNITY WITH HEART



Birthday Party!



Each month, we gather to celebrate our wonderful residents with a special birthday party filled with laughter, good company, delicious treats, and joyful memories. Here's to another trip around the sun!





Wild Rose Manor



Family BBQ



Residents and families gathered together for a relaxed BBQ filled with good food, friendly conversation and plenty of smiles. It was a wonderful afternoon spent making memories together.



We got our hearts racing with chair Zumba and Traveled to Iceland and had coffee and cinnamon Buns! Quote "In Iceland, coffee isn't just a drink—it's a reason to sit down, visit and enjoy something sweet together!"



Chair Zumba and Arm chair travel to ice land!



ICELAND



Pleasant View Lodge

Country Drive to the Farm

Residents enjoyed a beautiful country drive to the Coulter farm, where they spent the afternoon visiting, enjoying a sweet treat and soaking up the warm summer weather!



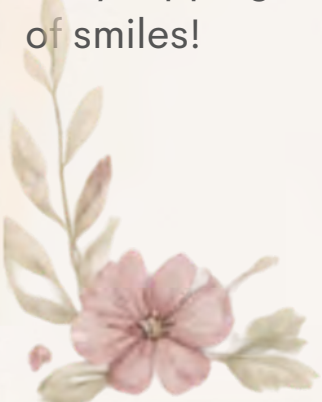
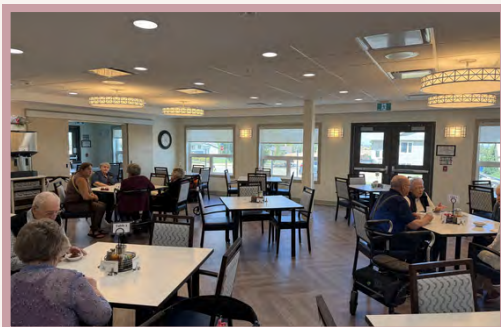
Floor Curling Fun!

Residents enjoyed a friendly game of floor curling, testing their aim and sharing plenty of laughs along the way. A little friendly competition always makes for a fun afternoon!



Soft-Serve Sundae Bar

Residents had a wonderful time creating their own delicious sundaes at the soft-serve ice cream bar. With creamy ice cream and tasty toppings, it was the perfect summer treat and brought plenty of smiles!



Family dinner at PVL

ANNUAL HAWAIIAN FAMILY BBQ

Bringing the spirit of Hawaii to Spirit River, Pleasant View Lodge residents and guests enjoyed a fun evening at our yearly family BBQ. The event was a lively celebration with laughter, smiles, and the warm feel of a Hawaiian paradise.

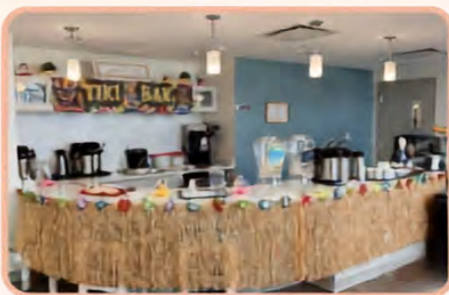


PHOTO 01 • ALOHA MOMENTS



PHOTO 02 • FAMILY & FRIENDS



PHOTO 03 • GOOD FOOD



PHOTO 04 • ISLAND CELEBRATION

ALOHA • LAUGHTER • GOOD FOOD • TOGETHERNESS

This Is My Story

by Grant Noonan

This is my story...Who can I tell?



*a life well lived,
a story worth
sharing.*

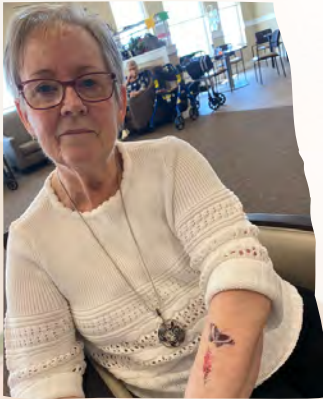
After a stroke, Grant Noonan began writing down the memories of an extraordinary life, from the hardships of an orphanage and stepfamily struggles to years in the oil fields, revolutions and wars, travels around the world, and the family moments that shaped him. At eighty-five, he shares *This Is My Story* as a legacy for his children and grandchildren: a remarkable journey of courage, survival and gratitude.

memories, adventure, family, legacy.

LAKEVIEW

Booze & Tattoos Happy Hour

Residents had plenty of fun during a playful "Booze & Tattoos" happy hour, enjoying refreshments, temporary tattoos and lots of laughter together!



Hawaiian Lei Crafting

Residents embraced the spirit of aloha as they crafted beautiful Hawaiian leis by hand. With colorful flowers and creative flair, everyone enjoyed weaving together vibrant garlands while sharing stories and laughter in the warm, cheerful atmosphere.





LAKEVIEW

Monthly Birthday Party

The Lakeview Council presented a rose to each resident celebrating their birthday.



Birthday's. Fun. Games

Outdoor Activities – Lawn Games Under the Sun

Residents enjoyed a variety of outdoor games, including axe throwing, ladder ball toss, horseshoes, and bean bag toss.



An Evening of Live Music



MOMENTS IN MUSIC

Residents enjoyed a wonderful evening of live entertainment featuring Top of the Hill and the Pipestone Jammers. The music had everyone smiling, singing along and tapping their toes!



Lakeview

More Moments, Great Memories

From Cruising in Style to our Annual Hawaiian Family BBQ, thank you to everyone who makes Lakeview such a vibrant and welcoming place to call home.

Our
Community in
Action



Cruising in Style

Classic cars, big smiles, and beautiful rides.



Annual Hawaiian Family BBQ

Good food, great company, and island vibes all around.



Thank you
for being part
of our
Lakeview
oha!



Lakeview

More Moments, Great Memories

Annual Hawaiian Family BBQ

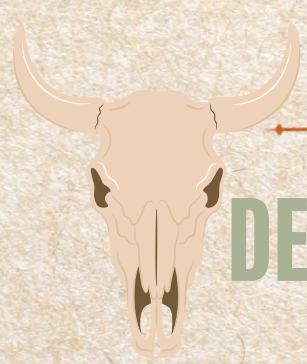


Our
Community in
Action



Thank you
for being part
of our
Lakeview
ohana!





DESERT HILLS RANCH

Heritage Lodge

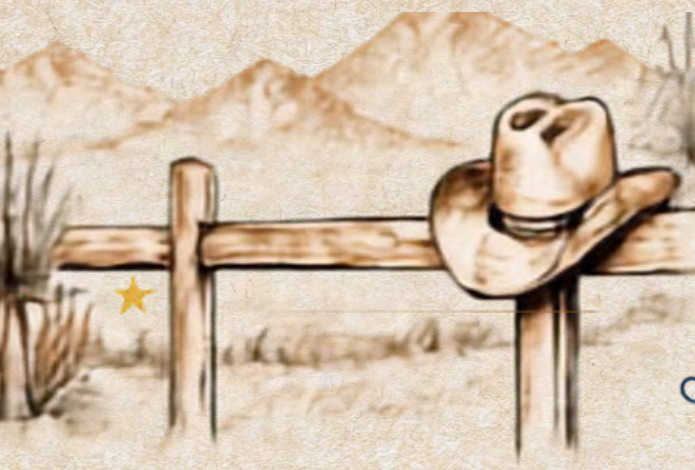
Desert Hills Ranch surprised our residents with fresh fruit, music and dancing.

It was a joyful time filled with smiles, movement and community spirit.

Thank you for your generous donation and time.



A couple of residents had the pleasure to go shopping for items at the nearby Co-op with the men from Desert Hills Ranch. Thank you, Desert Hills Ranch, for your generosity towards our seniors! The fresh fruit was greatly appreciated by all!





GRANDE SPIRIT FOUNDATION

Bus Trips

Forbes Homestead Tea



The GSF bus trip to Forbes Homestead Tea was a delightful day filled with beautiful surroundings, friendly conversation, and the simple pleasure of sharing tea together. It was a wonderful opportunity to relax, connect, and create lasting memories as a community.



Earth Petting Zoo & Farm



GSF Bus Trip to Down To Earth Petting Zoo & Farm 2 Table was a fun-filled day of animal encounters, farm-to-table experiences, laughter, and time together in the great outdoors. It was a wonderful opportunity to learn, explore, and make meaningful memories as a community.





GRANDE SPIRIT FOUNDATION

Dunvegan Bridge Bus Trip



A beautiful day shared with friends



We enjoyed a scenic day trip to Dunvegan Bridge, taking in the wide river, beautiful landscape, and historic bridge. It was a wonderful setting for time together, and we made so special memories along the way.

A beautiful day shared with friends



GSF BUS TRIP - LUNCH OUT AT WENDEL CLARK'S

Residents enjoyed a wonderful bus trip to Wendel Clark's for lunch, sharing good food, conversation and time together.

