



INTERNAL/EXTERNAL JOB POSTING

Cook's Helper

(Part-time Permanent)

Position: Part-Time Permanent

Initial Location: **Pleasant View (Spirit River);** *may be required to work at other sites, as needed.*

Schedule: 10:00 am to 6:30 pm, 4 days on/4 days off,

Shift schedule varies from Sunday to Saturday, approximately 48-64 hours per pay period;
(*May be required to work other shifts & sites*)

Compensation: \$22.35 - \$25.89 per hour

Key Responsibilities

- **Food Preparation & Service:** Assist with daily meal prep, portioning, and plating in accordance with nutritional standards, the Canada Food Guide, and specialized diets (*e.g., diabetic requirements*).
- **Customer Service:** A congenial personality who enjoys working with and for the elderly, and an ability to maintain a harmonious relationship with staff and the public.
- **Communication:** Good communication skills.
- **Service Excellence:** Patience, time management skills, and the ability to work independently.
- **Physical Capability:** Must be physically fit and be able to bend, lift and climb.
- **Ability:** Ability to stay calm in emergencies and be able to carry out responsibilities listed in the Cook's Helper job description, including stepping into the Cook's role to prepare meals when needed.

Qualifications

- **Education:** High School Diploma or equivalent is an asset.
- **Experience:** Previous cooking and commercial food preparation experience is required.
- **Certifications:** Food Safe, WHMIS, First Aid, and CPR certifications are preferred.
- **Safety Clearance:** A clear Vulnerable Sector Criminal Record Check (VSC) is required.
- **Physical Fitness:** Ability to meet the physical demands of a commercial kitchen environment, including standing, bending, lifting, and climbing.
- **Assets:** A genuine interest and empathy for the care of senior citizens

Compensation & Benefits

We offer a competitive compensation package, including extended health and dental benefits, with mandatory enrollment in life insurance and long-term disability programs.

How to Apply: Please submit your resume directly to HR at resumes@grandespirit.org

Submission Deadline: Wednesday, October 21, 2026, 9:00 am